



ACSA's Olympic Park Activity

Logistics: On Thursday afternoon, participants will load the bus at 1:30 PM to head to Olympic Park, where you will spend the next 3 hours enjoying all the amenities of the park including the: Alpine Slide, Extreme Tubing Hills Extreme & Freestyle Zip Lines, Discovery Ropes Course, Canyon & Summit Ropes Course, Drop Tower, and Air Bag Jump. At 5:00 PM, participants will load back onto the bus to head back to the hotel.

Cost: The cost per person is \$115, which includes a park ticket and round-trip transportation to and from the park.

History: Built for the Salt Lake 2002 Olympic Winter Games, Utah Olympic Park is located about 11 miles North of our hotel . The nearly 400-acre venue houses one of only four sliding tracks in North America, six Nordic ski jumps, a 2002 Winter Games Museum, and a multitude of adventure activities. Utah Olympic Park is a dynamic multi-use facility focused on developing and growing participation in winter sports in the state of Utah and is an official USOC Training Site. Zip, climb, slide, hike and explore Olympic history! Below are some details of each of the rides.

Alpine Slide



The Alpine Slide is exactly what you would expect from the place that built one of the most exciting Olympic sliding tracks in the world. The stainless-steel construction makes a smooth, comfortable ride for kids and adults alike. Not only did they make as smooth a ride as possible, but they also made sure all the straightaways, drops, and turns fit perfectly into the scenic mountainside, just like the Olympic sliding track. Requirements include:

- Driver: Must be at least 48" tall.
- Passenger: Must be at least age 3 and under 48" tall.
- No open-toe shoes or shoes without heel straps. No handheld objects. Secure loose clothing, hats, hair, and personal articles.
- This activity is not recommended for guests who are pregnant or for those with high blood pressure; back, neck, or bone injury; heart conditions; recent surgery; or any physical or mental ailment.

Extreme Tubing

Take a ride down the landing hill of a Nordic Ski Jump in an inner tube! Gain speeds up to 50 mph and enjoy the thrill of soaring just like an Olympic Nordic ski jumper. Extreme Tubing takes place on two Nordic Ski Jumps: the K64, which is a smaller hill, or K90, which is a larger hill. The landing hill where your ride starts is constructed from a state-of-the-art plastic surface that slides just like snow. The only restriction is age. Riders must be 10+ for the K64, 13+ for the K90.



Extreme and Freestyle Ziplines



Experience what it is like to be an Olympian flying off the K120 Nordic ski jumps on the Extreme Zipline. The Extreme Zipline is the steepest zip line in the world, reaching speeds up to 50 mph! They also have a tamer and more kid-friendly Freestyle Zipline that is still a lot of fun. Requirements include:

- Freestyle Zipline Minimum Weight: 50 lbs. Maximum Weight: 275 lbs.
- Extreme Zipline Minimum Weight: 100 lbs. Maximum Weight: 275 lbs.

Drop Tower

This advanced-level adventure is designed to test even the greatest thrill-seekers with a 377-long zipline high above the treetops, finishing at the 65-foot-high Drop Tower. From the Drop Tower, the only way down is to step off the platform for an exhilarating 65-foot free fall. Requirements include:

- Minimum Weight: 45 lbs. Maximum Weight: 260 lbs.
- Able to step off the 65' tower without assistance.
- Adult participation recommended for youth ages 12 and under.
- No open-toe shoes or shoes without heel straps.
- No handheld objects. Secure loose clothing, hats, hair, and personal articles.



- This activity is not recommended for guests who are pregnant or for those with high blood pressure; back, neck, or bone injury; heart conditions; recent surgery; or any physical or mental ailment.

Air Bag Jumps

Visitors can experience what it is like to be a stunt person in the movies on Utah Olympic Park's Airbag Jumps. You can choose between three different platforms including 5 feet, 10 feet, and 15 feet, from which you can leap onto your back into the giant airbags below. And no, you are not allowed to do flips, we already checked!



Canyon and Summit Ropes Courses



Located within the lower loop of the Utah Olympic Park Sliding Track, the Canyon Course offers guests the chance to be tethered and suspended in the air and challenged to work through wire transfers, swinging elements, and problem-solving features. For teams who are looking to get even further out of their comfort zone, the Summit Course offers similar challenges, but participants are now suspended 55 feet in the air.

Requirements include:

- Minimum Weight: 45 lbs. Maximum Weight: 275 lbs.
- Adult participation recommended for youth ages 12 and under.

Discovery Ropes Course

The Discovery Course is located adjacent to the Nordic Plaza area of Utah Olympic Park. This course is a great kid-friendly option, offering guests the opportunity to test their balance and agility, while tethered and suspended 10-15 feet above the ground. Restrictions include:

- Minimum Weight: 35 lbs. Maximum Weight: 225 lbs.
- Participants under 46" tall must be accompanied by an adult.

